





FROSTBITE is a type of burn caused by exposure to extremely cold temperatures. It occurs when the body's tissues freeze, leading to cell damage and death. Frostbite is most common on the extremities, such as the hands and feet, but it can also affect the face and ears. The severity of frostbite can range from mild redness and swelling to severe tissue necrosis and amputation. Frostbite is a medical emergency and requires immediate treatment to prevent permanent damage.