Homeopathy treats the person as a whole. It means that homeopathic treatment focuses on the patient as a person, as well as his pathological condition. The homeopathic medicines are selected after a full individualizing examination and case-analysis, which includes the medical history of the patient, physical and mental constitution etc. A miasmatic tendency (predisposition/susceptibility) is also often taken into account for the treatment of chronic conditions. The medicines given below indicate the therapeutic affinity but this is not a complete and definite guide to the treatment of this condition. None of these medicines should be taken without professional advice.

**Homeopathy Therapeutics**

Homeopathic Remedies:

Sulphur

Skin affection after local medication. Old looking. Spotted face. Skin dry, rough, wrinkled, scaly; itching, violently at night. Scrofulous diathesis. Liver spots. Unbreakable itching, especially from warmth. Dirty, filthy people, prone to skin affection.

Lycopodium Clavatum

Grayish-yellow discoloration of the face, with blue circles around the eyes. Brown spot on face and nose. Carbo nitrogenoid constitution. Craves everything warm.

Sepia Officinalis

Chloasma; yellow spots [moth spots] the on the face, and a yellow saddle across the upper part of cheeks and nose. Suited to patient with having dark hair, rigid fibre. Ailments during pregnancy.

Thuja Occidentalis

Dry skin with brown spot. Hydrogenoid constitution. skin looks dirty. Face, pale, waxy, shiny; dark under eyes; spiderlets on.

Argenticum Nitricum
Face looks sunken, old, pale and bluish. Brown liver spot; irregular blotches. Skin is brown, tense and hard. A prematurely aged look. Irregular blotches

**Cadmium sulphuratum**

Chloasma, yellowish stains on nose and cheeks; worse from exposure to sun and wind.

**Copaiva Officinalis**

Brown spot; circumscribed, lenticular patches with itching. Mottled appearance.

**Guarana**

Chloasma on temples and arms. intellectual excitement; uncontrollable sleepiness.

**Caulophyllum Thalictroides**

Discoloration of skin in women with menstrual and uterine disorders.

**Plumbum metallicum**

Yellow, corpse like dark brown liver spots; cheeks sunken. Skin of face is greasy, shiny. Face
pale cachetic.

**Curare**


**Prevention of Chloasma, Melasma.**

- Avoiding the sun and using sunscreen are key to preventing melasma.
- Avoid irritating the facial skin- No strong soaps or abrasive cleaners - use only a mild soap or cleanser for washing.
- Increase intake of foods high in folic acid, dark green leafy vegetables, wheat germ, asparagus, broccoli, potatoes, whole grains, fruits and vegetables.