





Black heel (Pseudomonas) is a common skin infection caused by the bacterium Pseudomonas aeruginosa. It typically presents as a dark, circular lesion on the heel, often surrounded by a reddish-brown halo. The infection is usually caused by a small injury or crack in the skin, which allows the bacteria to enter. The lesion is typically painless and does not spread to other parts of the body. Treatment involves keeping the area clean and dry, and applying an antibiotic ointment. In severe cases, oral antibiotics may be necessary.