Acanthoma fissuratum

Acanthoma or Granuloma Fissuratum
Acanthoma or Granuloma Fissuratum is a reaction on the skin which is usually caused by unusual wearing of eyeglasses or spectacle frame pressure. It mainly found on the retroauricular fold, superior auricular crease, or on the side of the nose or behind the ear due to pressure. Possibility is at any age and it is very dangerous.

**Causes of Acanthoma (Granuloma) Fissuratum**

- Wearing poor or unusual fitting of eyeglasses
- Irritation from stool, urine, or irritating factors such as topical agents.
- Autoeczematization - an infection with parasites, bacteria, fungi, or viruses.
- Whether infectious agents may be dangerous for this disease.
Acanthoma (Granuloma) Fissuratum

Treatment

- Folds should keep cool and dry to eliminate the friction and heat.
- Air condition and absorbent powders should be used to keep cool the folds or expose skin folds to the air.
- Deep skin folds should keep separate from the cotton cloth and must be avoid tight dressing.
- Protective barrier ointments should be used on reactive area.
- Castellani paint can be another useful treatment for this disease.
- Have healthy and hygienic food.
- Avoid outside junk food.
- Balance diet and regular exercise is a very good remedy.