









CHOLINERGIC urticaria is a late-onset allergic reaction characterized by small, red, raised lesions that are slightly irregular in shape and size. They are clustered together, with some appearing as small blisters or vesicles. This condition is often associated with a history of allergic reactions and is typically triggered by heat, exercise, or stress. The lesions are usually accompanied by itching and may be accompanied by other symptoms such as hives, swelling, and difficulty breathing. The condition is usually self-limiting and resolves within a few hours. Treatment options include antihistamines and corticosteroids. In severe cases, epinephrine may be required. The condition is most commonly seen in young adults and is more prevalent in those with a history of allergic reactions.