Homeopathy treats the person as a whole. It means that homeopathic treatment focuses on the patient as a person, as well as his pathological condition. The homeopathic medicines are selected after a full individualizing examination and case-analysis, which includes the medical history of the patient, physical and mental constitution etc. A miasmatic tendency (predisposition/susceptibility) is also often taken into account for the treatment of chronic conditions. The medicines given below indicate the therapeutic affinity but this is not a complete and definite guide to the treatment of this condition. None of these medicines should be taken without professional advice.

**Homeopathy Therapeutics**

**Sulphur, Lycopodium clavatum, Sepia officinalis, Thuja occidentalis, Argenticum nitricum, Cadmium sulphuratum, Copaiva officinalis, Guarana, Caulophyllum, Thalictrodes, Plumbum metallicum, Curare.**
Homeopathic Remedies:

**Sulphur**

Skin affection after local medication. Old looking. Spotted face. Skin dry, rough, wrinkled, scaly; itching, violently at night. Scrofulous diathesis. Liver spots. Unbreakable itching, especially from warmth. Dirty, filthy people, prone to skin affection.

**Lycopodium Clavatum**

Grayish-yellow discoloration of the face, with blue circles around the eyes. Brown spot on face and nose. Carbo nitrogenoid constitution. Craves everything warm.

**Sepia Officinalis**

Chloasma; yellow spots [moth spots] the on the face, and a yellow saddle across the upper part of cheeks and nose. Suited to patient with having dark hair, rigid fibre. Ailments during pregnancy.

**Thuja Occidentalis**

Dry skin with brown spot. Hydrogenoid constitution. skin looks dirty. Face, pale, waxy, shiny; dark under eyes; spiderlets on.

**Argenticum Nitricum**
Face looks sunken, old, pale and bluish. Brown liver spot; irregular blotches. Skin is brown, tense and hard. A prematurely aged look. Irregular blotches

**Cadmium sulphuratum**

Chloasma, yellowish stains on nose and cheeks; worse from exposure to sun and wind.

**Copaiva Offincinalis**

Brown spot; circumscribed, lenticular patches with itching. Mottled appearance.

**Guarana**

Chloasma on temples and arms. intellectual excitement; uncontrollable sleepiness.

**Caulophyllum Thalictroides**

Discoloration of skin in women with menstrual and uterine disorders.

**Plumbum metallicum**

Yellow, corpse like dark brown liver spots; cheeks sunken. Skin of face is greasy, shiny. Face
pale cachetic.

**Curare**


**Prevention of Chloasma, Melasma.**

- Avoiding the sun and using sunscreen are key to preventing melasma.
- Avoid irritating the facial skin- No strong soaps or abrasive cleaners - use only a mild soap or cleanser for washing.
- Increase intake of foods high in folic acid, dark green leafy vegetables, wheat germ, asparagus, broccoli, potatoes, whole grains, fruits and vegetables.