







**Pruritic Urticarial Papules and** Pruritic urticarial papules and plaques of pregnancy (PUPPP) is a skin condition that typically occurs in the third trimester of pregnancy. It is characterized by red, itchy papules and plaques, primarily on the abdomen, but can also affect the thighs, buttocks, and arms. The condition is self-limiting and usually resolves within a few weeks after delivery. Treatment is primarily symptomatic, focusing on relieving the intense itching with antihistamines and topical corticosteroids. In severe cases, systemic corticosteroids may be used. PUPPP is more common in first-time pregnancies and in women who gain weight rapidly during pregnancy.