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This is a chronic, recurrent, inflammatory skin condition characterized by the presence of small, round, red, scaly lesions. The lesions are typically 1-2 cm in diameter and are often found on the arms and legs. The condition is caused by a variety of factors, including dry skin, trauma, and infection. The lesions are usually asymptomatic, but they can be itchy and may cause discomfort. The condition is usually treated with topical corticosteroids and emollients. In severe cases, systemic corticosteroids may be used. The condition is usually self-limiting and resolves within a few weeks.