







Actinic prurigo is a chronic, recurrent, photosensitive skin condition characterized by the presence of small, raised, red papules and plaques, often accompanied by intense itching. The condition is most commonly observed in individuals of Native American descent, particularly in the Great Plains region. The lesions typically appear on sun-exposed areas of the body, such as the face, neck, and hands. The pathogenesis of actinic prurigo is multifactorial, involving genetic predisposition and an exaggerated immune response to ultraviolet radiation. The condition is often associated with other autoimmune disorders, such as alopecia areata and vitiligo. Management typically involves strict sun protection, including the use of broad-spectrum sunscreen and protective clothing, along with topical corticosteroids and antihistamines to alleviate symptoms. In severe cases, systemic immunosuppressive therapy may be required.